

## **Stefan Klein, Die Glücksformel (The Science of Happiness)**

### **Selected Quotes from internationally renowned authors and the Press**

Stefan Klein is the leading neuroscience writer in the German language and his book "Die Glücksformel" has been a major success in Germany and in many other languages. It would be good to have an English edition of his text as well.

Antonio Damasio

Mr. Klein has thoroughly researched his subject, and he writes with clarity, ease and humor about the complexities of psychology and neuroscience. I do not know of any other authors who take such a well-grounded scientific approach to the universal--but seemingly elusive--question of what makes us happy.

Gretchen Vogel of Science magazine

Thrilling and entertaining. Stefan Klein convinces with his profound knowledge.

Bert Sakmann, Nobel Prize Winner in Medicine, Max Planck Institute

It is an extremely well-written, easy-to-read and expertly researched book on a theme which has long been begging for pop-science treatment. The author is one of Germany's leading popular science writers and enjoys a very high reputation throughout Europe.

Alison Abbott, Nature Magazine

"When you've finished reading this book, the inside of your head will look different," promises Klein. And he's right.

Der Spiegel

Klein explains in a thrilling and illustrative way the complex biochemical basics of what we experience as delight, desire, love, lust and friendship on the surface of our organisms.

Die Welt

Thrilling and entertaining. In the best Anglo Saxon tradition of scientific journalism.

Frankfurter Allgemeine Zeitung

His book Die Glücksformel is a summary of knowledge that could fill entire libraries: why and how the good feelings are produced. The result is no manual with cheap tricks but a tool for self-recognition.

Stern

Apart from plausible strategies the author provides the reader with insights into happy brains and genes, into friendship, children and the question, what orgasms are really good for.

Max

Stefan Klein is convinced that happiness is different from fortune or chance. In his new book *Die Glücksformel* he sums up the insights into the subject. His newest scientific conclusion: "Happiness can be learned - if you know the rules by which it plays with us. "

Cosmopolitan

Recipe for happiness.

Focus